

Show and Tell Speech

Age Group: 6-10 Years | Skill Focus: Confidence & Public Speaking

My name: Date:

How to use this worksheet

You will choose your favourite object and prepare a short speech about why it is special to you. Do each step in order. Ask a grown-up to help you read or write if you need to!

1 Choose Your Favourite Object

Tick ONE thing you would like to talk about:

- | | |
|---|---|
| ☐ A toy | ☐ A book |
| ☐ A souvenir | ☐ A gift |
| ☐ Something I made | ☐ Something else |

My object is called:

2 Look Closely

Describe your object using your five senses. Use short sentences or just a few words.

Draw your object here!

It looks... (colour, size, shape):

It feels... (soft, hard, smooth, bumpy):

It can / I use it to:

I got it from:

3 Why Is It Special?

Finish each sentence in your own words.

It is special to me because...

.....

.....

My favourite memory with it is...

.....

.....

It makes me feel:

☐ happy

☐ safe

☐ proud

☐ excited

4 Build Your Speech

Every speech has 3 parts, just like a sandwich: top bread, yummy filling, bottom bread!

BEGINNING Say hello and show your object

Try: "Hello everyone! Today I will tell you about my favourite thing, my ____."

.....

.....

MIDDLE Describe it and say why it is special

Try: "It looks ____ and feels _____. It is special to me because _____."

.....

.....

.....

ENDING Finish with a strong closing line

Try: "That is why my ____ is so special to me. Thank you for listening!"

.....

.....

Sentence Starters to Help You Speak

My favourite thing is... It looks... It is special because... My favourite memory is... It makes me feel... Thank you for listening!

Read your speech out loud once. Check it!

- ☐ I showed my object ☐ I said why it is special ☐ I said thank you

Tip: You don't have to read your words. Use them as your guide and speak from your heart!

5 Practise Speaking

Your speech should take about 30 to 60 seconds. Tick each Superstar Tip you remember!

Superstar Speaker Tips

- | | |
|--|--|
| ☐ Hold your object up high | ☐ Use a loud, happy voice |
| ☐ Look at your audience | ☐ Smile while you speak |
| ☐ Point to parts you describe | ☐ Take small pauses |

Practise 3 times. Colour a star after each one!

Practice 1: to a mirror



Practice 2: to a toy or pet



Practice 3: to family or friends



How did it feel? Tick your choice!



Very confident!

- ☐ Tick here



A little confident

- ☐ Tick here



Still practising

- ☐ Tick here

I am proud of myself because.....
.....

Parent / Teacher Feedback

What the child did well:

One thing to try next time:

Speaking stars: ☆ ☆ ☆ ☆ ☆

Signed:

Well done! You gave a great Show and Tell speech!