

My First Speech

Age Group: 6-9 Years | Skill Focus: Confidence & Public Speaking

My name: **Date:**

How to use this worksheet

You will pick a topic, plan your ideas, build your speech and practise it out loud.
Do each step in order. Ask a grown-up to help you read or write if you need to!

1 Choose a Topic

Tick ONE topic or write your own:

- | | |
|--|---|
| ☐ My favourite animal | ☐ My favourite hobby |
| ☐ My best friend | ☐ My favourite place |
| ☐ Something that makes me happy | ☐ My favourite food |

My own topic:

2 Plan Your Ideas

Write a few words or short sentences. Don't worry about perfect spelling!

My topic is:

I chose this topic because...

.....
.....

Two cool things about my topic:

1.....

2.....

I want people to remember:

Draw a picture of your topic here!

3 Build Your Speech

Every speech has 3 parts, just like a sandwich: top bread, yummy filling, bottom bread!

BEGINNING Say hello and tell us your topic

Try: "Hello everyone! My name is _____. Today I will tell you about _____."

.....

.....

MIDDLE Share your cool ideas or a short story

Try: "First, _____. Then, _____. My favourite part is _____."

.....

.....

.....

ENDING Finish with a strong closing line

Try: "That is why I love _____. Thank you for listening!"

.....

.....

Magic Words to Help You Speak

First **Next** **Then** **Also** **Because** **Finally** **My favourite part is** **Thank you!**

Read your speech out loud once. Check it!

☐ It has a beginning ☐ It has a middle ☐ It has an ending



Tip: You don't have to read your words. Use them as your guide and speak from your heart!

4 Practise Speaking

Your speech should take about 30 to 60 seconds. Tick each Superstar Tip you remember!

Superstar Speaker Tips

- | | |
|---|--|
| ☐ Speak slowly and clearly | ☐ Use a loud, happy voice |
| ☐ Look at your audience | ☐ Smile while you speak |
| ☐ Use your hands if you like | ☐ Take small pauses |

Practise 3 times. Colour a star after each one!

Practice 1: to a mirror



Practice 2: to a toy or pet



Practice 3: to family or friends



How did it feel? Tick your choice!



Very confident!

☐ Tick here



A little confident

☐ Tick here



Still practising

☐ Tick here

I am proud of myself because...

.....

Parent / Teacher Feedback

What the child did well:

One thing to try next time:

Speaking stars: ☆ ☆ ☆ ☆ ☆

Signed:

Well done! You gave your very first speech!