



Introduce Yourself Speech

Age Group: 6-10 Years | Skill Focus: Confidence & Public Speaking

My name: **Date:**

How to use this worksheet

You will tell your audience who you are! Fill in each box, build your speech and practise it out loud. Do each step in order. Ask a grown-up to help you read or write if you need to!

1 All About Me

Write a few words or short sentences. Don't worry about perfect spelling!

My name is:

My nickname (what friends call me):

I am _____ years old and I live in:

One special thing about my name (who chose it, or what it means):

.....
.....

Draw a picture of yourself here!

2 My Hobbies

Tick the things you love to do, or add your own:

☐ Drawing or painting

☐ Reading stories

☐ Playing sports

☐ Singing or dancing

☐ Playing with friends

☐ Building or making things

My own hobby:

I love it because.....

3 My Favourite Things

Finish each sentence.

My favourite food is:

My favourite colour is:

My favourite animal is:

My favourite subject at school is:

My favourite place to go is:

A fun fact about me that surprises people:

.....
.....

4 Build Your Speech

Every speech has 3 parts, just like a sandwich: top bread, yummy filling, bottom bread!

BEGINNING Say hello and tell us your name

Try: "Hello everyone! My name is ____ and I am ____ years old."

.....
.....

MIDDLE Share your hobbies and favourite things

Try: "I love ____ because _____. My favourite food is _____. A fun fact about me is _____."

.....
.....
.....

ENDING Finish with a strong closing line

Try: "That is a little bit about me. Thank you for listening!"

.....
.....

Sentence Starters to Help You Speak

My name is... I am ____ years old I love to... My favourite ____ is... A fun fact about me is... Thank you for listening!

Read your speech out loud once. Check it!

☐ I said my name ☐ I shared 2 things I love ☐ I said thank you

Tip: You don't have to read your words. Use them as your guide and speak from your heart!

5 Practise Speaking

Your speech should take about 30 to 60 seconds. Tick each Superstar Tip you remember!

Superstar Speaker Tips

- | | |
|---|--|
| ☐ Say your name slowly and clearly | ☐ Use a loud, happy voice |
| ☐ Stand tall and look at your audience | ☐ Smile while you speak |
| ☐ Use your hands if you like | ☐ Take small pauses |

Practise 3 times. Colour a star after each one!

Practice 1: to a mirror



Practice 2: to a toy or pet



Practice 3: to family or friends



How did it feel? Tick your choice!



Very confident!

☐ Tick here



A little confident

☐ Tick here



Still practising

☐ Tick here

I am proud of myself because.....

.....

Parent / Teacher Feedback

What the child did well:

One thing to try next time:

Speaking stars: ☆ ☆ ☆ ☆ ☆

Signed:

Well done! You introduced yourself like a superstar!