



Interview a Friend Worksheet

Age Group: 7-12 Years | Skill Focus: Asking Questions & Presenting

My name: Date:

How to use this worksheet

You will pick a guest, plan questions, write down their answers and turn them into a short speech. Do each step in order. Be a curious and kind reporter!

1 Pick Your Guest

Tick ONE from each box, or write your own. Then ask politely if they will be interviewed!

Who will I interview?

- ☐ A friend
- ☐ A brother or sister
- ☐ A parent
- ☐ A grandparent

My own:

Where will we talk?

- ☐ At school
- ☐ At home
- ☐ At the park
- ☐ On a video call

My own:

What is it about?

- ☐ Hobbies and favourites
- ☐ A special memory
- ☐ Dreams and goals
- ☐ A job or a skill

My own:

Reporter Spark!

A good reporter always asks politely before an interview begins.

Try: "Hello! May I please interview you for my speaking practice? It will take about 5 minutes."

My guest's name:

I am going to interview them about:

I feel... Tick ONE!

- ☐ Excited
- ☐ Curious
- ☐ A little nervous

One thing I already know about my guest:

.....

2 Plan Your Questions

Great questions get great answers. Use the question words to get started!

Question Words

WHO: Who helps you? Who inspires you?

WHAT: What do you enjoy most? What makes you proud?

WHEN: When did you start? When do you feel happy?

WHY: Why do you like it? Why is it important?

HOW: How did you learn it? How does it make you feel?

Which question is better? Tick it!

☐ "Do you like sport?"

☐ "Which sport do you love and why?"

☐ "What did you do in the holidays?"

☐ "Was it a good holiday?"

Tip: Questions that need more than "yes" or "no" make your guest talk more!

MY QUESTIONS Write 5 questions to ask your guest

Start easy, then ask more interesting ones. Finish with something fun!

Q1 (warm-up)

.....

Q2 (a What question)

.....

Q3 (a Why question)

.....

Q4 (a How question)

.....

Q5 (a fun question!)

.....

3 Interview Time

Ask each question. Listen well. Write key words, not full sentences!

QUESTION 1

Q:

Key words from the answer:

.....

QUESTION 2

Q:

Key words from the answer:

.....

QUESTION 3

Q:

Key words from the answer:

.....

QUESTION 4

Q:

Key words from the answer:

.....

QUESTION 5

Q:

Key words from the answer:

.....

Reporter Listening Tips

☐ Look at your guest

☐ Wait for the full answer

☐ Say "Tell me more!"

☐ Say thank you at the end

4 Plan Your Speech

Turn your notes into a short speech about your guest. Plan each part below!

START Introduce your guest

Try: "Today I interviewed _____. I asked them about _____."

.....

.....

.....

MIDDLE Share three interesting answers

Try: "First, they told me _____. I was surprised that _____. They also said _____."

.....

.....

.....

.....

END Say what you learned and say thanks

Try: "I learned that _____. Thank you, _____, for sharing with me!"

.....

.....

.....

Reporter Words

START: Today I interviewed I asked My guest is

MIDDLE: told me explained shared surprisingly also

END: I learned that thank you in the end

Read your speech plan out loud once. Check it!

☐ I introduced my guest

☐ I shared 3 answers

☐ I said thank you

Tip: Say "my guest" or their name, so your audience knows who is talking!

5 Present Your Speech

Your speech should take about 1 to 2 minutes. Tick each Reporter Tip you remember!

Reporter Tips

- | | |
|---|--|
| ☐ Speak slowly and clearly | ☐ Look at your audience |
| ☐ Say your guest's name with a smile | ☐ Use your own words |
| ☐ Pause between answers | ☐ Show your notes only if you need them |

Present your speech 3 times. Colour a star after each one!

Practice 1: to a mirror



Practice 2: to a toy or pet



Practice 3: to your guest



Time it! My speech took (minutes and seconds):

How did my guest react? Tick ONE!

- ☐ They loved it! ☐ They liked it ☐ They have ideas

How did your speech feel? Tick your choice!



Star reporter!

☐ Tick here



Getting there

☐ Tick here



Needs more detail

☐ Tick here

My favourite answer from my guest was...

Next time I will ask:

Parent / Teacher Feedback

What the child did well:

One thing to try next time:

Reporter stars: ☆ ☆ ☆ ☆ ☆

Signed:

Well done! You are a star reporter!