Tone of Voice Worksheet

Age Group: 7-12 Years | Skill Focus: Voice & Tone

My name: ..... **Date:** .....

How to use this worksheet
You will say the same sentence in different tones and discover how your voice changes the meaning. Do each step in order. Your voice is a powerful tool!

1 What Is Tone of Voice?

Pick ONE sentence and tick the tones you want to try. You can write your own too!

Pick a sentence

- ☐ I want to go outside.
- ☐ That is my book.
- ☐ Come here, please.
- ☐ What are you doing?

My own: .....

Friendly tones

- ☐ Happy
- ☐ Excited
- ☐ Proud
- ☐ Kind

My own: .....

Tricky tones

- ☐ Angry
- ☐ Shy
- ☐ Sad
- ☐ Bored

My own: .....

Tone Spark!
Tone is HOW you say words: loud or soft, fast or slow, high or low.
Example: *"I am fine" said with a smile means fine. Said quietly with a sigh, it may mean not fine!*

My sentence: .....

Say it in your normal voice. How does it sound? Tick ONE!

☐ Calm ☐ Flat ☐ Cheerful

Which voice change is easiest for me? Tick ONE!

☐ Loud and soft ☐ Fast and slow ☐ High and low

A time my tone changed how I felt: .....

.....

2 Same Words, Different Tone

Say the sentence out loud in each tone. Then tick how it sounds to a listener!

THE SENTENCE **“Come here, please.”**

Happy tone
Bright, bouncy, smiling

- ☐ Friendly
- ☐ Rude
- ☐ Scary

Angry tone
Loud, sharp, fast

- ☐ Friendly
- ☐ Cross
- ☐ Shy

Shy tone
Soft, slow, quiet

- ☐ Confident
- ☐ Cross
- ☐ Nervous

MEANING **“That is fine.” means…**
Say it in each tone. What could it really mean?

Said happily, it means: .....

Said angrily, it means: .....

Said shyly, it means: .....

Voice Detective! What tone is it? Tick ONE for each.

1 Zara whispers “Can I join you?” with her eyes down.

☐ Shy ☐ Angry ☐ Excited

2 Leo shouts “Give it back!” with a frown.

☐ Cheerful ☐ Angry ☐ Shy

3 Mina squeals “We won!” and bounces up and down.

☐ Bored ☐ Sad ☐ Excited

Draw a face for each tone!

Happy tone

Angry tone

Shy tone

3 Try Every Tone

Say your sentence from page 1 in each tone. Write what your voice did!

Tone Practice Log

HAPPY *Try a smile, a bright voice and a bouncy pace.*

My voice was .....

ANGRY *Try a loud, sharp, fast voice (just for practice!).*

My voice was .....

SHY *Try a soft, slow, quiet voice.*

My voice was .....

SAD *Try a slow, low, heavy voice.*

My voice was .....

Tone Words

VOLUME: loud soft whisper shout

SPEED: fast slow steady rushed

PITCH: high low squeaky deep

KIND TONE **Change the tone, change the meaning!**

Write a sentence you might say to a friend. Then say it kindly and unkindly.

My sentence: .....

A kind tone sounds like: .....

An unkind tone sounds like: .....

When should I use a calm, kind tone? Tick ALL that fit!

☐ Asking for help ☐ Saying sorry ☐ Disagreeing with a friend

I changed my… Check it!

☐ Volume ☐ Speed ☐ Pitch

Tip: Your tone tells people how you feel before they hear every word!

4 Perform Your Tones

Say your sentence in a tone. Your listener guesses it! Tick each Tone Tip you remember.

Tone Tips

- ☐ Match your face to your tone
- ☐ Change your volume
- ☐ Change your speed
- ☐ Change your pitch
- ☐ Take a breath before a calm tone
- ☐ Stay kind, even when upset

Perform 3 times. Colour a star after each one!

Round 1: to a mirror	Round 2: to a toy or pet	Round 3: to family or friends
☆	☆	☆

Did my listener guess the tone? Tick ONE!

☐ Yes, first time ☐ After a clue ☐ Not yet

Tone Challenge! Say "Good morning" in 3 tones. The tones were:.....

How did your tones sound? Tick your choice!

★★★	★★☆	★☆☆
Tone master!	**Getting there**	**Needs more practice**
☐ Tick here	☐ Tick here	☐ Tick here

The tone I want to use most with friends is... .....

Parent / Teacher Feedback

What the child did well: .....

One thing to try next time: .....

Tone stars: ☆ ☆ ☆ ☆ ☆ **Signed:** .....

Well done! You are a tone of voice star!